

Registration

Pre-Requisite: Introduction to DIR[®] and Developing Essential Floortime Skills—Course 2 (offered through Lesley University and Lesley University Continuing Education)

Date: Sept 11—Dec 11, 2019 (no class on 10/9, 11/27)

Time: 5:30PM —8:00 PM (approx), Wednesdays

Location: The Astra Foundation, 524 Main St, Acton

Course Fee: \$300

Course Materials: This course will use the materials from the pre-requisite course as well as additional texts which the students will purchase.

Registration Deadline:

Early registration recommended.

This course will be limited for size.

Please make checks payable to “The Astra Foundation” and mail to:

The Astra Foundation

Attn: Debbie Bauch

524 Main Street, Acton, MA 01720

Questions: Contact Debbie Bauch: 978-266-3700 ext. 701

For further information: Please see our website: <http://www.astrafoundation.org/>.

Name: _____

Address: _____

City, State, Zip: _____

Daytime Phone: _____

Evening Phone: _____

Employer: _____

Occupation: _____

Email (required): _____

Astra Special Needs Center
524 Main Street
Acton, MA 01720

DIR[®] Floortime

The Functional Emotional Assessment Scale and Reflective Supervision in DIR[®]/Floortime

A Semester-Length Course
for Professionals

September 11—December 11, 2019

(no class 10/9, 11/27)

Location

ACTON

Debbie Bauch, M.S. OTR/L

Offered by:



Lesley University

Course Description

Cont Ed. Course # LEDUC 5066

This course is designed for students who have a basic understanding of the theoretical foundations of the DIR® model and who also have basic skill and knowledge of Floortime techniques. Students will learn to administer Greenspan, Wieder and DeGangi's FEAS (Functional Emotional Assessment Scale). Students will explore Greenspan's Affect Diathesis Hypothesis: The Role of Emotion in the Core Deficit in Autism and in the Development of Intelligence and Social Skills. Students will continue to expand and refine their Floortime skills.

Course Expectations:

Practicum participants are expected to read and/or write for approximately 1-2 hours each week

Video taping expectations:

Tape your Floortime sessions once a week, each week, for one hour. During this hour there should be no classroom responsibilities such that your only agenda is doing Floortime.

The Astra Foundation is a private, regional foundation that supports programs and initiatives that help children thrive in their home and educational environments. The Astra Special Needs Center was established in 2001 to promote the availability of DIR® services to families with special needs children, including children with regulation, sensory, relational and behavioral issues as well as PDD/Autism disorders.

Course Objectives

Students will:

- ◆ Continue to continue to refine and develop their theoretical understanding of DIR®/Floortime
- ◆ Student will demonstrate an understanding of key Floortime principles, strategies and techniques and will further develop and broaden their practice of Floortime
- ◆ Students will read Greenspan's seminal work entitled: The Affect Diathesis Hypothesis and will discuss and reflect on the application of this article to their work with children and families
- ◆ Students will continue the process of self-reflection and reflective supervision, as it relates to their work in DIR®/Floortime
- ◆ Students will reflect on the impact of their relationship with children and/or families and how that relationship impacts their Floortime
- ◆ Learn how to administer and score Greenspan, De Gangi and Wieder's FEAS (Functional Emotional Assessment Scale) the FEAS
- ◆ Learn how the FEAS may be used to understand a child's Functional Developmental Capacities and to develop a more comprehensive view of a child's strengths and needs
- ◆ Learn how the FEAS can be used to further develop Floortime goals as well as Floortime strategies.

An intermediate ICDL certificate will be awarded (\$39) upon successful completion of this course.

Astra Foundation Faculty

Deborah Bauch, M.S., OTR/L, has more than 25 years of experience in pediatrics and EI. As a Clinical Director at the Astra Foundation, she conducts DIR®-based workshops for parents and professionals and has presented at local, regional and national conferences. Ms. Bauch is a Training Leader and Expert DIR® Floortime Provider for the ICDL. Ms. Bauch consults to school districts, works directly with children and families, and serves as a mentor for professionals. Ms. Bauch has extensive expertise in sensory integration and processing issues. She is the 2008 recipient of the Margaret L. Bauman award for Outstanding Therapy Provider. She has Sensory Integration Certification, and is a registered Occupational Therapist, and was awarded a post graduate certificate in Infant Parent Mental Health.

*Karen Levine, Ph.D., is an Instructor in Psychology, Department of Psychiatry at Harvard Medical School and a practicing Psychologist in Lexington MA. She was the co-founder and co-director of the Autism program at Boston Children's Hospital in the 1990s, and of the Autism Center at Cambridge Health Alliance. With Naomi Chedd, she authored *Replays: Using Play to Enhance Emotional and Behavioral Development for Children with Autism Spectrum Disorders*. Their second book, *Treatment Planning for Children with Autism Spectrum Disorders: An Individualized, Problem-Solving Approach* is in press (Wiley). She developed *Replays*, a play based approach for treating anxiety, phobias and dysregulation in children with autism or other developmental disabilities. She is the recipient of the 2012 Lesley University Autism Hero Award, and the 2010 Federation for Children with Special Needs Founders Award.*

Credit Information

Lesley University is accredited by the New England Association of Schools and Colleges. Taking a course for credit earns students who fulfill the necessary course requirements assigned by the instructor, Lesley University credit. Students desiring to transfer Lesley credits should check with the receiving institution prior to registering, as credits are accepted at the discretion of the receiving institution.

Continuing Education students will pay \$300 to the Astra Foundation for the course. When the course is approved by Lesley, students who elect to receive Lesley University credit may do so for an additional \$165 per credit (\$495), plus a \$40 registration fee.