

Registration

Pre-Requisite: Introduction to DIR: An Introduction to the Developmental, Individual Difference, Relationship-based Model for the Special Child (or by special permission of the instructors), also offered by the Astra Foundation in partnership with Lesley University.

Course Dates: September 11—December 11, 2019

Day and Time: Wednesdays, 5:30pm - 8:00pm (approx)

Location: The Astra Foundation, 524 Main St, Acton

Course Fee: \$300 (see other side for further information)

Course Materials: This course will use articles and one text book. Articles will be provided to participants.

Please make checks payable to “The Astra Foundation” and mail to:

The Astra Foundation
Attn: Deborah Bauch
524 Main Street, Acton, MA 01720

Questions: Contact Deborah Bauch: 978.857.5502 or debbie.bauch@gmail.com

For other information: Please see our website: <http://www.astrafoundation.org/>.

Name: _____

Address: _____

City, State, Zip: _____

Cell Phone: _____

Employer: _____

Occupation: _____

Email (required): _____

I wish to receive Lesley University course registration materials

Astra Special Needs Center
524 Main Street
Acton, MA 01720

DIR[®] Floortime

Essential Floortime Skills for DIR[®] Floortime[™] Practitioners Fall 2019 (DIR 201)

Deborah Bauch, M.S. OTR/L

September 11—December 11, 2019

(No Class 10/9, 11/27)

**Location
ACTON**

Offered by:



Lesley University

Course Description

Cont Ed. Course # LEDUC 5062

This course is designed for students who have a basic understanding of the theoretical foundations of the DIR® model and who wish to do effective Floortime with children with special needs.

Strategic and finely-tuned Floortime requires the ability to view the child within the context of a larger DIR® framework. Students will learn to put together a basic profile of a child that includes an understanding of the model's three component parts:

- D** (Functional) **Developmental Level**
- I** **Individual Differences**
- R** **Relationship Patterns**

Students will explore and practice a range of Floortime strategies and techniques geared toward challenging a child to move to higher levels within a session and making developmental progress over time. Students will present video of their sessions and brainstorm ways to make their work more effective.

This course is 2nd of 3 Astra Foundation courses which leads to a **DIRFloortime® Basic Certificate (DIR-Basic)**.

The Astra Foundation is a private, regional foundation that supports programs and initiatives that help children thrive in their home and educational environments. The Astra Special Needs Center was established in 2001 to promote the availability of DIR® services to families with special needs children, including children with regulation, sensory, relational and behavioral issues as well as PDD/Autism disorders.

Course Objectives

Students will:

- Continue to develop their understanding of the theoretical foundations of the DIR® model
- Demonstrate an understanding of key Floortime principles and explore/practice a variety of Floortime strategies and techniques
- Learn to modify their Floortime based on a particular child's profile (sensory, processing, regulatory, etc.)
- Learn how the FEAS and other tools may be used to refine the understanding of a child's profile and to develop more focused and strategic Floortime goals.
- Demonstrate an understanding of how everyday opportunities and semi-structured activities may be used to mobilize all six developmental levels.
- Be able to discuss how the DIR® model and other structured teaching methods (e.g. Applied Behavioral Analysis, O.T., Speech) can work together in an effective program
- Learn to write a report assessing a child's functional developmental level and individual profile and formulating specific, measurable goals for the child.
- Be encouraged to reflect on their own strengths and weaknesses and how their own individual profiles impact their work
- Be encouraged to develop (where possible) collaborative relationships with the child's family and/or other members of the child's team
- Discuss how DIR® may be used as a framework for working with a child regardless of discipline.

Astra Foundation Faculty

Deborah Bauch, M.S., OTR/L, has more than 25 years of experience in pediatrics and EI. As a Clinical Director at the Astra Foundation, she conducts DIR®-based workshops for parents and professionals and has presented at local, regional and national conferences. Ms. Bauch is a Training Leader and Expert DIR® Floortime Provider for the ICDL. Ms. Bauch consults to school districts, works directly with children and families, and serves as a mentor for professionals. Ms. Bauch has extensive expertise in sensory integration and processing issues. She is the 2008 recipient of the Margaret L. Bauman award for Outstanding Therapy Provider. She has Sensory Integration Certification, and is a registered Occupational Therapist, and was awarded a post graduate certificate in Infant Parent Mental Health.

*Karen Levine, Ph.D., is an Instructor in Psychology, Department of Psychiatry at Harvard Medical School and a practicing Psychologist in Lexington MA. She was the co-founder and co-director of the Autism program at Boston Children's Hospital in the 1990s, and of the Autism Center at Cambridge Health Alliance. With Naomi Chedd, she authored *Replays: Using Play to Enhance Emotional and Behavioral Development for Children with Autism Spectrum Disorders*. Their second book, *Treatment Planning for Children with Autism Spectrum Disorders: An Individualized, Problem-Solving Approach* is in press (Wiley). She developed *Replays*, a play based approach for treating anxiety, phobias and dysregulation in children with autism or other developmental disabilities. She is the recipient of the 2012 Lesley University Autism Hero Award, and the 2010 Federation for Children with Special Needs Founders Award. She is a frequent regional and national presenter.*

Credit Information

Lesley University is accredited by the New England Association of Schools and Colleges. Taking a course for credit earns students who fulfill the necessary course requirements assigned by the instructor, Lesley University credit. Students desiring to transfer Lesley credits should check with the receiving institution prior to registering, as credits are accepted at the discretion of the receiving institution.

Continuing Education students will pay \$300 to the Astra Foundation for the course. Students who elect to receive Lesley University credit may do so for an additional \$165 per credit (\$495), plus a \$40 registration fee.