

## Registration

### Participants wishing to register under the non-credit option:

**Course Info:** September 9—December 16, 2019  
Mondays, approx 4:30 PM — 7:00 PM

**Location:** Thom Marlboro Area Early Intervention  
340 Maple Street, Suite 410, Marlborough MA

**Course Fee:** \$300

This fee does not include the cost of book

**Register & Pay Online:** [www.astrafoundation.org](http://www.astrafoundation.org)  
or

**Please make checks payable and return to:**

The Astra Foundation/Attn: Deborah Bauch  
524 Main Street, Acton, MA 01720

**For more information or if you have questions:**

Contact Deborah Bauch: 978-857-5502 or email:

Name: _____
Address: _____
City, State, _____
Zip: _____
Cell _____
Phone: _____
Employer/ _____
Occupation: _____
Email _____
(required): _____

### Participants wishing to register for 3 credits from Lesley U:

**Course Fee:** \$300 payable to The Astra Foundation  
as noted above

**Lesley University Credit Fee:** \$495

(3 credits at \$165/credit)

**Lesley University Registration Fee:** \$40

Steps to follow:

1. Register for the course as noted under the non-credit option above.
2. Check box below to receive Lesley University Course Registration materials.

☐ I wish to receive Lesley University course registration materials.

Astra Special Needs Center  
524 Main Street  
Acton, MA 01720

# DIR<sup>®</sup> Floortime

An Introduction to the  
Developmental,  
Individual Difference  
Relationship-Based Model  
for the Special Child

*For Professionals  
Fall 2019*

**September 9—December 16, 2019**

(no class 9/30, 10/14, 11/11, 11/25)

**Marlborough**

The Astra Foundation

presented by:

Deborah Bauch, M.S. OTR/L and  
Sarah Measures, M.Ed., PGCE

Offered by:



**Lesley University**

## Course Description

Cont Ed Course #: LEDUC 5058;  
Grad Course #: EEDUC 5057

This course presents an introduction to the Developmental, Individual Difference, Relationship-Based model, pioneered by Dr. Stanley Greenspan and Serena Wieder, PhD, for working with children with developmental delays.

Because emotional growth is integral to both social and cognitive learning, Greenspan and Wieder maintain that subtle emotional interactions form the building blocks of all human intelligence and the origins of the highest orders of human capacity: morality, creativity, and even consciousness itself. The DIR® model places a special emphasis on helping the child develop and strengthen the special relationships in his or her life. Because processing difficulties can be at the root of the child's problems with relationships, learning and interactions, the model considers and addresses the child's unique biology and processing capacities.

The DIR® framework is particularly helpful when working with children with attention, behavioral, communication, regulation and sensory issues, as well as PDD/Autism. In this course, we'll be focusing primarily on children from 0 to 5, with applications for older children as well.

This course is 1 of 3 Astra Foundation courses which, when satisfactorily completed, constitute Level B of the DIR Institutes' certificate program.

*The Astra Foundation is a private, regional foundation that supports programs and initiatives that help children thrive in their home and educational environments. The Astra Special Needs Center was established in 2001 to promote the availability of DIR® services to families with special needs children, including children with regulation, sensory, relational and behavioral issues as well as PDD/Autism disorders.*

## Course Objectives

### Students will:

- Be introduced to DIR® theory and practice; demonstrate knowledge of basic principles of the model including following the child's lead, opening and closing circles and expanding the child's range of emotional themes.
- Discuss current infant research as it relates to the role of emotion and relationship in development and relate this current research to DIR® principles and practice.
- Learn about the six functional developmental levels that a child must master including Shared Attention, Engagement, Two-Way Purposeful Communication, Two-Way Problem-Solving Communication, Emotional Ideas and Abstract Thinking.
- Demonstrate understanding of the sensory system and how sensory system challenges may impede a child's ability to form critical relationships and cognitive skills.
- Understand Floortime™ as a strategic, affect-filled way of interacting with a child that emphasizes strong bonds of relationship and an understanding of each child's unique sensory profile in helping a child to work on core developmental deficits.
- Understand the importance of collaboration with the child's family in all aspects of intervention; understand the importance of considering the family's culture, language, context, and individual strengths and stressors in developing a program for a child.
- Become aware of the importance of self-reflection and self-awareness with regard to the DIR® model and children with developmental delays and their families.
- Be introduced to strategies for involving children in social interactions with other children

## Faculty

### Astra Foundation Faculty

*Deborah Bauch, M.S., O.T.R./L.* has more than twenty five years experience in pediatrics and sensory integration. As the clinical director of The Astra Foundation she conducts classes and workshops for parents and professionals and has presented at local, regional and national conferences. Ms. Bauch is a Training Leader and Expert DIR® Floortime™ provider for the ICDL (Interdisciplinary Council on Developmental and Learning Disorders). Ms. Bauch holds a Certificate in Infant Parent Mental Health and is certified in Sensory Integration. Ms. Bauch consults to schools, works with children and families and serves as a mentor for professionals. She is the 2008 recipient of the Margaret I. Bauman award for outstanding therapy provider.

*Sarah Measures, M.Ed., PGCE,* Counseling Psychology, ICDL (Interdisciplinary Council on Developmental and Learning Disorders), Training Leader and Expert DIR® Floortime™ provider. As an instructor at the Astra Foundation, she conducts DIR®-based workshops and courses for professionals and parents and has presented both locally and at regional conferences. Sarah has been specializing in children with autism and regulation issues for twenty years. She consults to school districts, mentors other professionals, and works directly for families with children with special needs.

## Credit Information

Lesley University is accredited by the New England Association of Schools and Colleges. Taking a course for credit earns students who fulfill the necessary course requirements assigned by the instructor, Lesley University credit. Students desiring to transfer Lesley credits should check with the receiving institution prior to registering, as credits are accepted at the discretion of the receiving institution.

Students may also be able to apply for Massachusetts Early Intervention Competencies.

Continuing Education students will pay \$300 to the Astra Foundation for the course. Students who elect to receive Lesley University credit may do so for an additional \$165 per credit (\$495), plus a registration fee.